

HOT TOPICS

ARTHRITIS

How To Find Materials

For materials on this subject, search the library's computerized catalog under the following:

Subject headings: Arthritis; Arthritis-Treatment; Joints-Disease; Osteoarthritis

General location: 616.722

Representative Books

- 616.722 ARTHR *Arthritis Sourcebook: Basic Consumer Health Information About Osteoarthritis, Rheumatoid Arthritis, Other Rheumatic Disorders, Infectious Forms of Arthritis, and Diseases with Symptoms Linked to Arthritis. Featuring Facts about Diagnosis, Pain Management, and Surgical Therapies.* Amy L. Sutton. Omnigraphics, 2004.
- 616.722 O'DRI *Exercises for Arthritis.* Erin O'Driscoll. Healthy Living Books, 2004.
- 616.0473 MEGGS *The Inflammation Cure: How to Combat the Hidden Factor Behind Heart Disease, Arthritis, Asthma, Diabetes, Alzheimer's Disease, Osteoporosis, and Other Diseases of Aging.* William Joel Meggs. Contemporary Books, 2004.
- 616.722 MINDE *Easing the Pain of Arthritis Naturally: Everything You Need to Know to Combat Arthritis Safely and Effectively.* Earl Mindell. Basic Health Publications, 2005.
- 616.722 FELST *Out of Joint: A Private & Public Story of Arthritis.* Mary Lowenthal Felstiner. University of Nebraska Press, 2005.
- 616.722 VAD *Arthritis Rx: A Cutting-edge Program for a Pain-free Life.* Vijay Vad. Gotham Books, 2006.
- 616.722 ARTHR *Arthritis: Your Comprehensive Guide to Pain Management, Medication, Diet, Exercise, Surgery, and Physical Therapies.* Howard Bird. DK, 2006.
- 616.722 MAYO *Mayo Clinic Straight Talk on Arthritis.* Gene G. Hunder. Mayo Clinic, 2006.
- 616.742 ROSEN *Water Exercises for Fibromyalgia: The Gentle Way to Relax and Reduce Pain.* Ann A. Rosenstein. Idyll Arbor, 2006.
- 616 SCHNE *What Your Doctor Hasn't Told You and the Health-Store Clerk Doesn't Know: The Truth About Alternative Treatments and What Works.* Edward L. Schneider. Avery, 2006.
- REF 616.722 STEIN *The Encyclopedia of Arthritis.* C. Michael Stein. Facts On File, 2004.

Videos/DVDs

- DVD 616.722 PREVE *Prevent, Conquer or Control Arthritis & Rheumatism.* Education 2000 Inc., 2005.

Web Sites

- Arthritis.com*
www.arthritis.com
- Arthritis Foundation*
www.arthritis.org
- Arthritis Society*
www.arthritis.ca
- Centers for Disease Control and Prevention*
<http://www.cdc.gov/arthritis/>
- National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIAMS)*
www.niams.nih.gov
- What You Need to Know About Arthritis*
arthritis.about.com (www. not included)

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